



THE ESSENTIAL INGREDIENT - GIFT BOXES

SHARE THE LOVE

\$65

Rice Canaroli Gazani 1kg
EVOO Hojiblanca 750ml Aust
Garniture Forestiere 20gm TEI
Truffle Oil Black 40ml TEI
Spoon Oval BEECH 30cm
Basket GRASS With Handles

WELL DRESSED

\$79

EVOO Hojiblanca 750ml Aust
Vinegar Red Wine TEI 375ml
Mustard Dijon 200gm Delouis
Dukkah 65gm TEI
Tiny Capers In Salt TEI
Bowl White LGE 30cm

RECIPE FOR SUCCESS

\$98

EVOO TEI Aust 750ml
Salt Grey Sea/Spiced Pepp 200gm TEI
Cornichons 350g TEI
Mustard Dijon 200g
Vinegar Champagne 250ml Delouis
Curry Paste Thai RED 240gm TEI
Paprika Sweet Smoked La Dalia 70g
Hand Wash Grapefruit & Bergamot 500ml
Basket Natural/Blk ROUND

LA PAELLA

\$115

El Cid Polished Steel Paella Pan 34cm
Calaspara Paella Rice TEI 1kg
Piquillo De Lodosa Peppers Strips 215g
Paella Spice Mix La Dalia 100g
Saffron Threads 1G
Spoon SERVING 30cm Cherry
EVOO Siurana 500ml Unio
Reserva 25yr Vinegar De Jerez 375ml

JUST MIDDLE EAST

\$115

Salt Black Garlic TEI 20gm
Lemons Preserved 340gm TEI
Sumac 70gm TEI
Pomegranate Molasses 250ml Al Rabih
Cardamon Pods Green 40gm TEI
Harissa Rose 180gm TEI
Za'atar TEI 50g
Raisins Green 200gm TEI
Orange Blossom Water 40ml TEI
Dukkah 65gm TEI
Freekeh Cracked 400gm
Urfa Black Chilli Flakes 50gm TEI
Rose Water 40ml TEI
Basket LGE Weave Bowl

WANT TO COOK

\$119

EVOO Hojiblanca 750ml Aust
Chardonnay Vinegar UNIO
Paprika Sweet Smoked La Dalia 70g
Ras el Hanout 55gm Malouf
Saffron Threads 1gm
Salt Black Garlic 20gm TEI
Tea Towel - Stripes
Enamel Tray 30cm

THE ESSENTIAL INGREDIENT
PRAHRAN

03 9827 9047

Prahran Market, Elizabeth St, South Yarra, VIC 3141

www.essentialingredient.com.au

THE ESSENTIAL INGREDIENT
SOUTH MELBOURNE

03 9682 3414

266 Coventry St, South Melbourne, VIC 3205



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LOCAL ARTISAN HEROES \$129

TEI EVOO Argumato LEMON 500ml
Zokoko Dk ORANGE Goddess Bar 65g
Wellington Apiary Meander Valley Clover Honey 325g
Olssons Redgum Smoked Sea Salt Flakes
Verjuice 375ml TEI
Peter Watson Chilli Jam
Horseradish - Zimmys
Olive Leaf TEA ENERGY Stone & Grove
Angelhair Egg 250gm Passion Pasta
Olive Oil Crackers Michels 130gm
Hand Made Decorations By Andrew Cope
Folding Gift Box with Logo Ribbon

MORE TO LIFE \$129

Mackerel Spiced Fillets Pate 75gm La Gon
Terrine Country 180gm
Cornichons 350g TEI
ElderFLOWER Concentrate 375ml Ashbolt
Lavoche with Nigella Seeds 150g TEI
Relish Tomato/Red Caps 260gm C&W
Tamarind Chutney 290gm TEI
Quince Paste 100gm Maggie Beer
Wooden Board Round Ash 35cm TEI
Tote Bag Calico

MORE MORE MORE \$145

Sardines in EVOO 120gm
Country Terrine Vallette
Cornichons 350g TEI
Mustard MINI Grain Old Fash 125gm
Lavoche with Nigella Seeds 150g TEI
Olives MIXED 300gm TEI
EVOO TEI Aust 750ml
Vinegar Balsamic PREMIUM 250ml Giacob
Salt Sea Flakes KRAFT CANISTER 100gm
Spaghetti Bigoli 500gm Yellow Box
Tomatoes WHOLE Peeled 660gm
Curry Paste Thai YELLOW 240gm TEI
Choc DRINKING 350gm TEI
Maple Syrup Canadian 250ml
Folding Gift Box with Logo Ribbon

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